

# Supporting unpaid carers in Lewisham

Carers Week event and activity timetable: 08-14 June 2026



You are invited to join us for Carers Week, celebrating the amazing work you do with a focus on this years theme 'Building Carer Friendly Communities'. For further information please get in touch with our Hub on 0300 373 5769 or email [lewisham.activities@imago.community](mailto:lewisham.activities@imago.community)

Day	Event Details	Time	Venue
<p><b>Monday</b> 8<sup>th</sup> June</p>	<p align="center"><b>Carers Community Networking Event</b></p> <p>Join us for a community networking event featuring a wide range of organisations and stall holders, including the Alzheimer's Society, GLL, Solidarity in a Crisis, Citizens Advice, Bench Outreach, the Patient Experience Team, SELCE, St Christopher's, the Falls Team, and many more.</p> <p>During the event, carers will also have the opportunity to:</p> <ul style="list-style-type: none"> <li>• Receive a <b>free</b> MOT session with the Falls Team</li> <li>• Enjoy a <b>complimentary</b> chair massage from Katoka Massage Therapy</li> </ul> <p>No booking is required to attend the event. However, please note that appointments for chair massages and MOT sessions must be booked on arrival, as there are a limited number of slots reserved specifically for carers.</p> <p align="center"><b>Open to all unpaid carers</b></p>	<p>10am - 1pm</p>	<p><b>All Saints Community Centre, New Cross Rd, London SE14 5DJ</b></p>

# Supporting unpaid carers in Lewisham

Carers Week event and activity timetable: 08-14 June 2026



Day	Event Details	Time	Venue
<p><b>Monday</b> 8<sup>th</sup> June</p>	<p align="center"><b>Carers Afternoon Tea Celebration</b></p> <p>Join us for a special Afternoon Tea celebration in recognition of all the amazing things you do. The celebration will take place at the same venue as the networking event and will begin shortly afterwards.</p> <p>Please note that booking is required for the Afternoon Tea so that we can accommodate any dietary requirements and allergies.</p> <p>To reserve your place, please complete the Typeform using the link below.</p> <p align="center"><a href="#"><u>Booking Form</u></a></p> <p align="center"><b>Open to all unpaid carers</b></p>	<p>1pm – 3pm</p>	<p align="center"><b>All Saints Community Centre, New Cross Rd, London SE14 5DJ</b></p>
<p><b>Tuesday</b> 9<sup>th</sup> June</p>	<p align="center"><b>Carers Information Sessions</b></p> <p>Join us at Grove Centre Church for a series of informative sessions delivered by a variety of partner organisations. These sessions provide a great opportunity to learn more about the support and services available, as well as ask questions and connect with local providers. These sessions will be hosted by SELCE, SLaM and more to be confirmed.</p> <p align="center"><b>Open to all unpaid carers</b></p>	<p>10am - 4pm</p>	<p align="center"><b>Grove Centre Church, 2 Jews Walk, London SE26 6PL</b></p> <p>For detailed time slots for these sessions please email <a href="mailto:lewisham.activities@imago.community">lewisham.activities@imago.community</a></p>

# Supporting unpaid carers in Lewisham

Carers Week event and activity timetable: 08-14 June 2026



Day	Event Details	Time	Venue
<b>Tuesday</b> 9 <sup>th</sup> June	<p align="center"><b>Peer support group with DWP</b></p> <p>Join us for a session with DWP Disability Employment Advisor, Flavia D'Auria who attends our coffee group at the Ackroyd Community Centre on a monthly basis. Flavia will be available to support carers with any queries or questions relating to benefits and employment.</p> <p align="center"><b>Open to all unpaid carers</b></p>	10am-12pm	<b>The Ackroyd Community Centre, 14-20 Ackroyd Rd, London SE23 1DL</b>
	<p align="center"><b>Mental Health Support Group (Supporting SLaM)</b></p> <p>Join the Mental Health Support Group run by SLaM, offering a safe and supportive space for carers to connect with others, share experiences, and access emotional support. The group provides an opportunity to discuss the challenges of your caring role, learn about available support services, and explore ways to support your own wellbeing while caring for others. 2<sup>nd</sup> Tuesday of the month 6 pm to 7.30 pm - Ladywell Unit, Lewisham Hospital, SE13 6LW.</p> <p align="center"><b>Open to all unpaid carers</b></p>	6pm-7:30pm	<b>Ladywell Unit, Lewisham Hospital, SE13 6LW</b>

# Supporting unpaid carers in Lewisham

Carers Week event and activity timetable: 08-14 June 2026



Day	Event Details	Time	Venue
Wednesday 10 <sup>th</sup> June	<p style="text-align: center;"><b>Peer Support Group</b></p> <p>Join us for a welcoming group session where carers can connect, share experiences, and support one another in a relaxed and friendly environment. Together, we'll explore the theme of <i>Building Friendly Communities</i> and reflect on what feeling supported within your community means to you.</p> <p style="text-align: center;"><b>Open to all unpaid carers</b></p>	10:30am- 12:30pm	<p style="text-align: center;"><b>South Lewisham Group Practice, 50 Conisborough Cres, London SE6 2SS</b></p>
	<p style="text-align: center;"><b>Young Carers Workshop</b></p> <p>We are excited to welcome our registered Young Carers to our first after-school workshop. Together, we'll explore the importance of Carers Week while celebrating the incredible support, dedication, and hard work they provide at home every day. To book a place please email <a href="mailto:lewisham.activities@imago.community">lewisham.activities@imago.community</a></p> <p style="text-align: center;"><b>Open to our registered Young Carers</b></p>	4pm – 6pm	<p style="text-align: center;"><b>Imago Office, Surrey Quays Shopping Centre, Deal Porters Way, London SE16 7LL</b></p>

# Supporting unpaid carers in Lewisham

Carers Week event and activity timetable: 08-14 June 2026



Day	Event Details	Time	Venue
Thursday 11 <sup>th</sup> June	<p style="text-align: center;"><b>Creative sessions</b></p> <p>Whether you enjoy getting creative or would simply like to join us for a cuppa and a chat, we'd love to welcome you to our creative workshops. Activities will include jewellery making and a dry clay workshop led by Melissa Burton.</p> <p>Spaces are limited, so please book your place by emailing: <a href="mailto:lewisham.activities@imago.community">lewisham.activities@imago.community</a></p> <p style="text-align: center;"><b>Open to all unpaid carers</b></p>	10am – 12pm	<b>Rectory Court Care Home, The Glebe, Blackheath, London SE3 9TU</b>
	<p style="text-align: center;"><b>Peer Support Group</b></p> <p>Join our friendly carers' support group, come along for a coffee, a chat, and the chance to connect with other carers in a warm and welcoming environment. It's a supportive space to share experiences, make new connections, and feel part of the community.</p> <p style="text-align: center;"><b>Open to all unpaid carers</b></p>	1:30pm-3:30pm	<b>Orchard Gardens Community Centre, London SE13 7LQ</b>
	<p style="text-align: center;"><b>Peer Support Group</b></p> <p>Join us for a welcoming group session where carers can connect, share experiences, and support one another in a relaxed and friendly environment. Together, we'll explore the theme of <i>Building Friendly Communities</i> and reflect on what feeling supported within your community means to you.</p>	1:30pm-3:30pm	<b>The Waldron Health Centre, Amersham Vale, London SE14 6LD</b>

# Supporting unpaid carers in Lewisham

Carers Week event and activity timetable: 08-14 June 2026



Day	Event Details	Time	Venue
Thursday 11 <sup>th</sup> June	<p><b>Young carers awareness training for professionals</b></p> <p>During Carers Week, we are hosting a free online young carers awareness training session, open to all professionals. To book on to our training session please <b>click the link below</b>.</p> <p><a href="#">Imago Young Carers Awareness Training Tickets, Thursday 11 June • 10 AM – 11:30 AM GMT+1   Eventbrite</a></p> <p><b>Open to all professionals across Lewisham</b></p>	10am-11:30am	<b>Online, link will be given upon booking</b>

# Supporting unpaid carers in Lewisham

Carers Week event and activity timetable: 08-14 June 2026



## Raising Awareness of Unpaid Carers

### **Tuesday 9<sup>th</sup> June**

- We will be delivering Carers Awareness Training at Lewisham Hospital, this training session was codesigned with our Carers.

### **Wednesday 10<sup>th</sup> June**

- Our Young Carers Coordinator will be hosting an assembly at Baring Primary School to raise awareness of Young Carers and information on how they can access support.
- We will be delivering a talk at Cygnet Lodge's Carers Event on the services provided by Imago and how we can support unpaid carers.

### **Thursday 11<sup>th</sup> June -**

- We will be hosting a Young Carers support group in Schools to celebrate Young Carers.

## For Professionals and Employers

Join us for an introductory session to help employers identify and support carers within their workforce. Gain insights into the challenges faced by employees with caring responsibilities and discover how your organisation can champion carers and their employment rights.

**Friday 12<sup>th</sup> June 11am to 12pm.** To book a space on this online event please email [lewisham.activities@imago.community](mailto:lewisham.activities@imago.community)