

Lewisham

Safeguarding Adults Board

A working partnership to prevent abuse



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photosymbols®



Help keep residents safe from abuse and neglect



See it, report it!



Contact the safeguarding hub:

020 8314 7777

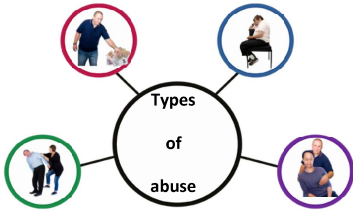
Lewisham
Safeguarding Adults Board



www.safeguardinglewisham.org.uk/lisab

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What is abuse?



Abuse can happen in lots of ways



It can be when another person hurts or treats you badly



Or says things that can make you upset or scared



Different types of abuse can also happen at the same time

Types of abuse:



Discriminatory

This is when you are treated badly or unfairly just because of who you are

for example because of your:



- Race



- Disability



- Sexual orientation



- or because you are transgender

Domestic



This is when people you live with for example your family, carers or other people treat you badly



For example they hurt you, or force you to do things which are not good for you

Physical



This is when someone hurts you. It could be hitting, kicking or punching you. It could also be pushing you, pulling your hair or throwing something at you.

Financial or Material



This is when someone takes your money or personal things like your mobile phone.



They could make you pay for things, or use your bank card to take money out without you wanting them to.

Neglect & Acts of Omission



This is when people who should look after you, do not look after you properly.

This could mean:



- Not feeding you



- Not giving you the medication you need



- Not helping you to keep clean



- Not helping you go to health appointments

Organisational



This is when staff in hospitals or care homes do not look after you the way they should.



For example:

- you are made to stay in your room



- you are left on your own for a long time or left in the bath or on the toilet



- You could be ignored by staff when you need help



Self-Neglect

This is when you do not look after yourself.

This can include:



- Not having health care treatment to make you better



- Not eating enough or the right type of food



- Hoarding - collecting things in your home like newspapers, bottles or empty food containers



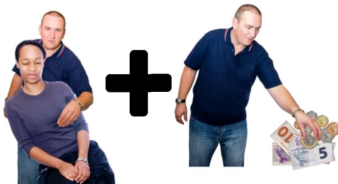
Sexual Abuse & Exploitation

This is when someone forces you to do something sexual

For example:



- touches you in private places when you do not want them to
- Forces you to do things like have sex, or touch someone in their private places
- They might make you watch films or look at pictures of people with no clothes on
- They may also offer you money or other things so you have sex with them or other people





Psychological

This is when someone does or says something to make you feel unhappy

For example



- someone says bad things to hurt your feelings



- copies or makes fun of you



- ignores you



- will not let you be involved in things



- Threaten to take things away that are important to you

Modern Slavery



This is when people are tricked and forced into working without being paid

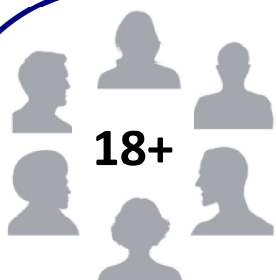


It can involve people moving from another country, or around this country.



This can also be linked to a type of drug dealing called 'County Lines'

Which adults are at risk of abuse?



Adult abuse can happen to anyone who is aged 18 or over.



It is more likely to happen if you:

- Are old and frail



- Have a learning disability



- Have a physical disability



- Have mental health conditions

Where does abuse happen?

Abuse can happen anywhere:



- At home



- In a day centre or a care home



- Hospital



- College



- In public places like on the street, parks or libraries

Who might abuse you?

This could be anyone including:



- Someone in your family who looks after you



- Carers or staff



- Neighbours



- Friends



- strangers

How can we help?



We will make sure you are safe



We will listen to you



We will make a plan with you that keeps you safe



We will make sure you know what is happening about it at all times

How to get help:



Contact Lewisham
Speaking Up:
020 8692 1862

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Or call the Local
Safeguarding Hub:
020 8314 7777



You can also report
serious abuse and
neglect to the Police
by calling 101
Or in an emergency
you can call 999



If you need help to talk
about your problem,
ask someone you trust
to help you explain

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