

UNLOCKING THE POTENTIAL OF CHILDREN WITH AUTISM

GETTING STARTED.....

Delivered in person at our Mitcham primary school, or live streamed via Zoom – easy to access, no app download required.

A programme of Free Parent workshops held at our Mitcham primary school and also available live streamed virtually via Zoom, offering expert advice, guidance and support to families and carers of young children with a diagnosis of autism or Asperger syndrome.

The seven interactive workshops not only look into the ‘whys’ and ‘wherefores’ of autism, but also give you practical advice and ideas on how to support your child in developing all of those all important life skills – especially if they are about to start, or have already started nursery or primary school.

The workshops are delivered by Eagle House experts, who have many years’ experience in working with young children. The multidisciplinary team of Speech and Language Therapists, Occupational Therapists and Behaviour Specialists share their experience and expertise to provide practical and fun strategies for families to use at home.

Each stand-alone workshop uses demonstration and video footage, looking at how to help you in the areas that you find most challenging. They will give you the confidence you need to not only support your child, but also to have fun together in your own home. It is also a great opportunity to meet other parents/carers to share experience and advice.

GETTING STARTED WORKSHOPS 2021 – 2022

Friday mornings 10.00 am- 12.00 pm

- **GETTING ATTENTION TO LEARN EVERYDAY SKILLS** – Friday 8th October 2021
Our Speech and Language Therapy team will give you ideas on how to get your child’s focus engaged so they are ready to listen and to learn
- **BEGINNING COMMUNICATION AND MAKING IT MATTER** – Friday 5th November 2021
Our Speech and Language therapists offer guidance on how to build communication skills to help our children understand and be understood and also how modifying your own communication can help
- **MAKING SENSE OF THE WORLD** – Friday 3rd December 2021
Looking at how your child’s sensory issues can impact on their daily life preventing them from enjoying many daily experiences. Our Occupational Therapy team will offer practical tips on how to help them cope with their environment.

- **SETTING THE BOUNDARIES** – Friday 7th January 2022
With difficulties in communication and understanding, children with autism can resort to behaviour that is hard to understand or control. Our Behaviour Support Specialist guides parents on how to manage behaviour and support the child as they struggle to understand the world around them.
- **WINNING THE MEAL TIME BATTLE** – Friday 4th February 2022
Understanding the issues with food – from fussy to over eaters, our Occupational Therapist will talk through strategies and how creating a ‘food programme’ can take the stress out of mealtimes.
- **LEARNING THROUGH PLAY** – Friday 4th March 2022
Our Speech and Language Team look at how build the foundation for learning through play. By creating exciting home activities that will motivate your child to have fun and learn new skills at the same time.
- **BUILDING INDEPENDENCE TO HELP THEMSELVES** – Friday 6th May 2022
Our self-help session led by our Occupational Therapy team will look at the nitty-gritty areas of toileting, personal hygiene, tolerating tooth brushing to nail cutting. Offering practical solutions to increase our children’s independence at home.
- **NAVIGATING THE SPECIAL NEEDS MAZE** - Wednesday 10th June 2022
Led by our Parent Liaison Officer and Family Support Officer, this session will look at the steps to getting the help and support you need for you and your child. There will be a discussion around EHCPs and school application, and information on what support services may be available for you.

All workshops are free and aimed at families with children in Early Years and Primary school. They will be held on Friday Mornings 10.00 am- 12.00 pm at Eagle House School, Mitcham; the workshops will also be live streamed via Zoom for those that cannot attend in person.

Zoom sessions can be accessed via your web browser, no download of the Zoom app is required.

If you are interested in these workshops and want to book a place, or even just want some further information please contact our Parent Liaison Officer, Adele either by phone; 0208 770 7788 or email;
adele.wadey@eaglehousegroup.co.uk