



Lewisham Parent and Carer's Forum—Leemore Central Community Hub  
Bonfield Road, Lewisham, London SE13 5EU—Tel: 075345 68020 —  
[info@lewishamparentcarer.org.uk](mailto:info@lewishamparentcarer.org.uk) - [www.lewishamparentcarer.org.uk](http://www.lewishamparentcarer.org.uk)  
Registered Charity no. 1159533 in England

## NEWSLETTER 11<sup>th</sup> October 2019

Dear Parents and Carers

We have received a lot of helpful information over these past few weeks, so we are sending out another newsletter sooner than expected.

In our next newsletter in November we will provide you with an update of our work and activities.

Please look at our new website [www.lewishamparentcarer.org.uk](http://www.lewishamparentcarer.org.uk) and if you have any comments or would like to see anything appear there please let us know. This is YOUR website. We have a Facebook page and we are on Twitter. We will update you on our work in our next mini news bulletin. Thank you

**HOSTED BY Lewisham Parent and Carer's Forum**

**Kim Barclay**

**ANXIETY**

**Children and young people**

**For Parents and Carers of children and young people with Special Educational Needs, Disability or Additional Needs**

**Wednesday 13<sup>th</sup> November 2019**

**10.00 to 1.00pm – light lunch provided**

*Leemore Centre, Main Hall, Bonfield Road, Lewisham London SE13 5EU*

**There is a small charge of £3.83 per person to help towards costs, please visit Eventbrite [HERE](#) to book your place**

**Presentation** covering anxiety from normal experience to disordered anxiety – avoidance and being mindful of this including resilience and why this is important in anxiety.

Parents to work together in small groups, looking at typical anxiety based on experience, what this looks like and how you can tell the young person is experiencing anxiety.

Looking at ways to address avoidance – both for parents and your young person and to look at ways to build resilience.

A great opportunity to meet other parents with similar concerns as yourself, learning how to work together, share experience and create your own support plans.

**HOSTED BY Lewisham Parent and Carer's Forum**

**Lewisham Local Authority - Children with Complex Needs Team**

**For Parents and Carers of children and young people with Special Educational Needs, Disability or Additional Needs**

**5<sup>th</sup> December 2019 - 10.30 to 12.30 – refreshments provided**

*Leemore Centre, Main Hall, Bonfield Road, Lewisham London SE13 5EU*

**Claudia Smith**

Head of Integrated Services for Special Educational Needs and Disability (SEND)

**Victoria Lucking**

Service Development Lead  
Commissioning & Strategy Team

**Victoria Redgrave**

SEND Standards Quality and Inclusion Lead

**Cheriece Nelson**

Communication and Engagement Lead | Commissioning and Strategy Team  
SEND Standards Quality and Inclusion Lead

The Team would like to share the work they are undertaking on the SEND Strategy for the next 3 years, the new SEND Guidance for parents, carers and professionals, Engagement and Communication and the Local Offer.

## **Ambitious about Autism - FLYER WITH LINK TO SURVEY IS ATTACHED WITH THIS NEWSLETTER**

We're the national charity for children and young people with autism. We are currently running a campaign called [We Need An Education](#), drawing attention to the problems young people with autism face accessing early years support and education.

We have created a short survey to canvas the views of parents or carers of children and young people with autism about their experiences of early years support and the education system. Those who complete the survey will have a chance to win a £50 Love2shop voucher.

**Annabel Bowyer**

**Research and Policy Assistant**

**Ambitious about Autism**

**Email:** [abowyer@ambitiousaboutautism.org.uk](mailto:abowyer@ambitiousaboutautism.org.uk)

**Address:** The Pears National Centre for Autism Education, Woodside Avenue, London N10 3JA

**Website:** [AmbitiousAboutAutism.org.uk](http://AmbitiousAboutAutism.org.uk)

**Telephone:** 020 8815 5152

**Mobile:** 07896 765 730

# Lewisham Mental Health Stakeholder Event: Me and My Community

by Lewisham Clinical Commissioning Group & London Borough of Lewisham

Please follow the [link here](#) to book this FREE event

If you live, or work, in Lewisham, have an interest in Mental Health then come and join us to talk to us about what is happening in the borough of Lewisham, how we can support local residents to have good mental health and what the borough has to offer to prevent mental ill health.

- Do you know how to access mental health support in the borough?
- Did you know that Lewisham is redesigning mental health services?
- If you, or someone you know, is experiencing a mental health crisis would you know what to do?
- Did you know that there is support for unpaid carers?

Join us to find out about where we are in the process of changing mental health support in the borough, how we are trying to address health inequalities for BAME community and the support that we offer to unpaid carers in the borough. There will be three workshop sessions on the day covering a wide range of topics. You'll be able to find the selection of workshops when you book your ticket. As in previous years we will be provide lunch. In our market place area you will have the opportunity to explore services available in the Borough as well as network.

We look forward to you joining us for an exciting day.

For any questions please contact: Deborah Harry Email: [deborah.harry@nhs.net](mailto:deborah.harry@nhs.net)  
Telephone: 020 8314 3324

## Date and Time

Mon, 14 October 2019

09:30 – 16:30 BST

[Add to Calendar](#)

## Location

Lewisham Civic Suite

1 Catford Road

Lewisham

SE6 4RU

[View Map](#)



Dear Parents and Carers

Following our recent Parent Forum meeting, Family Fund have provided the following information: There are also links below.

### **Presentation guidelines:**

#### **Grant items we can provide:**

We will consider anything related to the needs of the child which is not the responsibility of a statutory agency e.g. through Health, Education or Social Services.

We can't help with items already purchased or provide contributions to household bills.

We provide essential items such as kitchen appliances, sensory toys, family breaks, bedding, tablets/computers, furniture and clothing, games consoles, musical instruments, outdoor equipment such as trampolines, summer houses, swings and lazy spas, this list is not exhaustive.

We use preferred suppliers wherever possible so families receive a voucher or an item rather than BACS payments.

There are a variety of [family stories](#) included on the website about different items people have been awarded. Sometimes this can be useful to show people as it demonstrates how varied our grant awards can be.

#### **We have two main eligibility criteria: (Who we can help)**

**Financial:** Families must be eligible for one of the following benefits: Universal Credit, Working Tax Credit, Income Support, Housing Benefit, Child Tax Credit, Pension Credit, Employment Support Allowance, Incapacity Benefit.

If a family is not currently in receipt of any of these benefits, they can still apply and we will get in touch and ask for some further information to confirm your household income.

**Child & Young Person:** We work using a social rather than medical model of disability and you do not need a formal diagnosis to apply to Family Fund.

A child or young person needs a high level of support in at least three of the following seven areas: Personal care, supervision and vigilance, Access to social activities, Education, Communication, Therapy and medical treatment, Specialist resources used, Physical environment.

If the child or young person receives DLA or PIP, it is useful to have a copy of their statement.

<https://www.familyfund.org.uk/FAQs/our-disability-criteria> - this link includes a video about our eligibility criteria.

#### **Who we cannot help**

Parent/carers need to have indefinite leave to remain or be a British/EU citizen to make an application to Family Fund. We cannot accept applications from asylum seekers as they have no recourse to public funds.

We cannot accept applications for children under the care of the local authority, e.g. foster children. We *can* accept applications from carers who have special guardianship orders and are responsible for, and living with, the child on the application.

## Application process

A first time application can take between 3-4 months.

If a family have applied before it usually takes between 8-10 weeks.

Families can apply every 12 months from the date of their last grant award, up until their child turns 18.

Families who have applied before can apply online, people who are applying for the first time need to complete a paper form.

Whilst we only provide one grant per household, every 12 months, it is useful for us to know information on the whole family. If a family want to apply for more than one child, they need to download and fill out a [Child details form](#).

<https://www.familyfund.org.uk/FAQs/after-you-apply> - this link includes a video about what happens on a visit.

## Other help

We also offer iPad and tablet training to families. This training is designed for parent/carers and adapted to meet the needs of the individual, covering a range of useful topics, including how to customise devices to address any vision, hearing, motor and learning needs of your child and parental controls and guided access. This training can be one to one or group sessions, find out more on our [website](#).

We also have an additional website [www.tiredout.org.uk](http://www.tiredout.org.uk), an online resource hub to help find information, advice and support relating to sleep.

<https://www.familyfund.org.uk/FAQs/are-we-eligible-to-apply>

<https://www.familyfund.org.uk/FAQs/our-disability-criteria>

<https://www.familyfund.org.uk/FAQs/after-you-apply>

## Your Opportunity: Help for 18-24 year-olds

We are currently running a small grant programme called 'Your Opportunity' that supports disabled and seriously ill young people aged 18-24 years old who are living at home. This runs in the same way our main Family Fund grants programme for those aged 17 and under. The main difference is that we cannot help with grants for family breaks through 'Your Opportunity'.

Please follow the link: <https://www.familyfund.org.uk/help-for-18-24-year-olds>

DOCUMENTARY  
VIEWING Jesy Nelson



## ALCHEMY LIVE SCREENING THIS IS A DOCUMENTARY ONLY

**THURSDAY 17<sup>TH</sup> OCTOBER 5PM**  
**KALEIDOSCOPE, 32 RUSHEY GREEN, CATFORD**

Jesy Nelson – ODD ONE OUT

Jesy Nelson from Little Mix shares her emotional experience on how the pressures of social media and online cyberbullying drove her to attempting to take her own life. Her documentary covers some very serious and incredibly important issues.

Join us for this viewing of the documentary which will be followed by a group discussion on some of the topics covered.

AGES 13 plus – open to staff, young people and parents and carers  
BOOK A PLACE – email [Danial.marcon@slam.nhs.uk](mailto:Danial.marcon@slam.nhs.uk)

We are excited to announce South East London Tennis have launched their inclusive tennis sessions! (There is a flyer attached to this email)

Session details are as follows;

When – Wednesdays 5:45-6:45pm (Term-time only)

Where – Ladywell Centre, Sports Hall, 148 Dressington Avenue, SE4 1JF

Cost – First session free, £4 per session after

Equipment – All equipment is provided. There are sports wheelchairs available

If you have any questions; you can either contact myself or Chris @ [chris@southeastlondontennis.com](mailto:chris@southeastlondontennis.com).

Look forward to seeing you at the sessions!

Kate

### KATE PAGE

Development Manager – Disability Inclusion



**WINNER**  
Best Sports Charity,  
Community And CSR

### Access Sport CIO

3 Durham Yard | Teesdale Street | London E2 6QF

020 7993 9883

<https://www.accesssport.org.uk/>

## DISABILITY SWIMMING INSTRUCTOR Francis Hazleton ASA Level 2

1-2-1 lessons/group lessons  
Visually impaired friendly  
swimming  
All swimming stages and  
abilities  
Deaf friendly swimming  
Autism friendly swimming

ALL AGES

Email:

[kasule30@googlemail.com](mailto:kasule30@googlemail.com)

## LONDON COUNCIL UPDATE – 25<sup>TH</sup> SEPTEMBER 2019

### Inclusive schooling

A new report by London Councils published today shows that, although many schools and councils in the capital are using a range of innovative strategies to meet the needs of children with SEND, not every school is succeeding at being inclusive.

The government's recent announcement of an extra £700 million for the High Needs block of funding shows that supporting children with SEND is high on the national agenda.

**Cllr Nickie Aiken, London Councils' executive member for schools and children's Services, said:** "It's inspiring that so many councils and schools in London are already positive about supporting children with SEND.

"However we cannot yet guarantee that all schools in London are inclusive. All too often children with SEND end up being excluded or off-rolled rather than being offered the support they need."

## **FUN FIZZICAL**

### **A weekly exercise group for children with special needs**

Where: The Bridge Leisure Centre, Lower Sydenham

When: **Thursdays 4.30 - 5.55pm**

Who: Children with special needs and their siblings **aged 3- 16 years**

What: One-to-one physical activities with teenage helpers Why: Because the children benefit from exercise and a different type of contact outside the family while the parents take a break

Sessions are run by Sarah Thorn and Darren Brown, both of whom are qualified gym instructors

Activities include trampoline, ball games, soft shapes, badminton, parachute games and dance - it's lots of fun!

Students from Alley's School provide practical support and friendship for the children

Parents are welcome to stay in the gym or relax in the café area downstairs

For more information or to register please contact:

Sarah: 07960 898764 Darren: 07951 892296

## **Kaleidoscope Drop-in Information and Advice Sessions**

### **Lewisham Parent and Carer's Forum dates:**

Tuesday 12<sup>th</sup> November – 10am to 12pm

We will be joined by Georgina Boon from CAMHS – medication team

**Information sent on behalf of the Department for Education:**



On the 6<sup>th</sup> September, the government announced the launch of a cross-cutting review of SEND. Five years on from the Children and Families Act, it is time to review how the reforms it introduced are supporting children and young people with SEND and make sure they are being implemented as well as possible.

The internal review will look across education, health and care to consider:

- The evidence on how the system can provide the highest quality support that enables children and young people with SEND to thrive and prepare for adulthood, including employment;
- Better helping parents to make decisions about what kind of support will be best for their child;
- Making sure support in different local areas is consistent, and that high-quality support is available across the country;
- How we strike the right balance of state-funded provisions across inclusive mainstream and specialist places;
- Aligning incentives and accountability for schools, colleges and local authorities to make sure they provide the best possible support for children and young people with SEND;
- Understanding what is causing the demand for education, health and care plans; and
- Ensuring that public money is spent in an efficient, effective and sustainable manner, placing a premium on securing high quality outcomes for those children and young people who need additional support.

The government also announced today that Tony McArdle, Lead Commissioner in Northamptonshire County Council, will be the new chair of the SEND System Leadership Board, which brings together sector leaders across Education, Health and Social Care to drive improvements. He will act as an independent advisor to the review, alongside Education Endowment Fund Chair Sir Kevan Collins and Anne Heavey, National Director of Whole School SEN.

**Tony McArdle said:**

“Delivering better SEND outcomes will require consistent, strong leadership across a range of partners. I look forward to ensuring that this Board equips the sector with what it needs to bring that leadership to bear.”

**Dame Christine Lenehan, Director of the Council for Disabled Children said:**

“This review presents an important opportunity to look across health, education and social care to identify how well we are supporting children and young people with SEND, including through the significant changes in the NHS Long Term Plan. A great deal of work has already been done to gather evidence through the NAO, the Education Select Committee and the Timpson Review of Exclusions to name a few, and this review will need to take account of all this work to identify practical changes which will strengthen and improve the system. In particular I am keen to see the review further understanding on how mainstream schools can better meet the needs of a wider range of children.

The Government will need to work closely with young people, parents and carers as they take forward this review, while providing continuity and stability for those using and operating the current system. I look forward to engaging with the review and taking positive steps forward to improve the support for children and young people with SEND.”

**The National Network of Parent Carer Forums said:**

“We are delighted that the government has responded to our calls for a review of the SEND system. Five years on from the Children and Families Act, the aspirations of the reforms have not yet been delivered for far too many children with special educational needs. We need a cross governmental plan of action to address the challenges that our members and our partners in the SEND sector have identified. A co-ordinated approach that puts the voice of families and young people at the heart of decision making is key to making sure that the welcome extra funding announced for SEND is spent effectively.

We look forward to working with the Department for Education and sharing the knowledge and experience of our members to making sure this review delivers what the families of children and young people with SEND need.”

The review will inform and support the government’s commitment to revise and update the SEND Code of Practice before the end of 2020.

Kind regards,  
SEND Delivery Support Team

## Supported Internship Lewisham Project SEARCH

**Getting Ready for the World of Work** At Lewisham College, Lewisham Way, SE4

What is Project **SEARCH** Supported Internship?

- A one-year programme running from September to July, five days a week, Monday to Friday
- The programme is designed to help you get a full time paid job.
- You will spend your day on the host employer site.
- You will complete three work placements called rotations. Each rotation lasts for 10–12 weeks.
- You will have coaching and support from the onsite college lecturer, job coach and department managers.

## Supported Pathways into the Creative Industries

**What is the Supported Pathways into the Creative Industries programme?**

- A one-year programme running from September to July, five days a week, Monday to Friday.
- The programme is designed to help you get a full time paid job.
- You will spend your day on a host employer site. Our employers include: National Theatre and the Royal Opera House.
- You will have coaching and support from the onsite college lecturer, job coach and work mentor.

**PLEASE SEE BOTH FLYERS ATTACHED WITH THIS NEWSLETTER**

### **ACCESS TO WORK**

**PLEASE SEE ATTACHED FLYER – YOU/YOUR YOUNG PERSON CAN APPLY FOR THIS**

Access to Work can support your young person to find or stay in work if they are facing barriers because they have a health condition or disability?

## **NATIONAL DEAF CHILDREN'S SOCIETY**

### **Have you heard about our ground-breaking research?**

We've launched exciting new research that will follow deaf young people as they become independent adults. Would you like to be involved or know anyone who does? The research is the first of its kind and the results will help to improve the support that deaf young people get in future.

The project is called READY (Recording Emerging Adulthood in Deaf Youth) and we're running it in partnership with the Universities of Manchester and Edinburgh.

The research is open to young people aged 15–18 who:

- have a permanent hearing loss
- live in England, Scotland or Wales
- use sign language, speech or a mixture of both
- have mild, moderate, severe or profound deafness
- have a hearing loss in both ears or one
- use a hearing aid, a cochlear implant or neither
- were diagnosed as deaf early on or later in life.

Please do share with others.

If you have any questions, just email [ready@manchester.ac.uk](mailto:ready@manchester.ac.uk) or text 07979 668178,

For more information please follow the link below:

[https://sites.manchester.ac.uk/thereadystudy/?utm\\_campaign=READY%20-%20email%20to%20professionals%202019%2010&utm\\_source=emailCampaign&utm\\_content&utm\\_medium=email](https://sites.manchester.ac.uk/thereadystudy/?utm_campaign=READY%20-%20email%20to%20professionals%202019%2010&utm_source=emailCampaign&utm_content&utm_medium=email)



On Monday (7<sup>th</sup> October), we heard the news that three remarkable families who challenged the government over its approach to special educational needs and disability (SEND) funding sadly lost their case at the High Court.

Whilst this is really disappointing for everyone involved, on the positive side thanks for the inspirational campaign by SEND Action, the case has successfully reached much wider audiences highlighting the daily battles for support and inequalities in the system facing disabled children and their families.

Making disabled children a priority should and must be everyone's business so with a potential general election around the corner, this is your opportunity to help make disabled children a priority by supporting our manifesto pledges.

## **PLEDGE YOUR SUPPORT**

Contact is calling for the following pledges to be included in all party manifestos:

- 1. Stop the cuts to child disability payments under Universal Credit:** This would benefit more than 100,000 disabled children across the UK
- 2. Close the school transport loophole:** This would benefit around 50,000 disabled youngsters.
- 3. Give back the £1.5 billion of support owed to disabled children and improve entitlements to education, health and social care for every family:** This would benefit more than 1 million disabled children and their families.

Una Summerson  
Head of Campaigns  
Contact, the charity for families with disabled children

**ALL OF THE FOLLOWING INFORMATION IS PROVIDED BY SIGNAL FAMILY SUPPORT**

*Please note that SIGNAL is only passing on the non-SIGNAL information. Unless otherwise stated, we do not necessarily recommend or endorse any particular event, group, person, product or service.*

<p>If you wish to join SIGNAL FAMILY SUPPORT Please contact <b>Candida Burrows</b> <b>Manager, SIGNAL Family Support</b> <b>07946 632477</b> <b><u><a href="http://www.signalfamilysupport.org">www.signalfamilysupport.org</a></u></b> <b><i>Mutual support for families in Lewisham with children on the Autism Spectrum</i></b></p>	<p><b>Free PIP Workshop at Contact</b></p> <p>When: Friday 15th November, from 9.45am to 12pm (light refreshments will be provided).</p> <p>Where: Leemore Community Hub, Bonfield Rd, Lewisham SE13 5EU</p> <p>Who: parents/carers of young people who are (or will be) claiming PIP from the age of 16.</p> <p>This workshop is run by the DWP and will offer advice on the rules and regulations surrounding PIP and how to complete the application etc. To book: email <a href="mailto:lewisham.office@contact.org.uk">lewisham.office@contact.org.uk</a> or call 020 8297 8056 and leave a message.</p>
<p><b>The Advocacy and Support Partnership Seminars</b></p> <p>The Advocacy and Support Partnership, Irwin Mitchell Solicitors and Action for Kids run various seminars for parents and professionals.</p> <p>The seminars run from 10am to 2.30pm at the St Alban’s Centre, Baldwins Gardens, London EC1N 7AB.</p> <p>For parents and carers the cost is just £19 each, including lunch.</p> <p><b>Transition to Adult Life (3 parts)</b></p> <p><b>Tuesday 12th November 2019:</b> The Care Act and entitlement to personalised support in adult life, and supported employment</p> <p><b>Wednesday 4th March 2020:</b> Mental Capacity, Welfare and Financial deputyship and Continuing Health Care assessments</p> <p><b>Tuesday 16th June 2020:</b> Housing, benefits, employment, financial planning</p>	<p><b>Drumbeat: Free Workshops for Parents/Carers</b></p> <p>Drumbeat Outreach provide FREE workshops for parents/carers of children on the autism spectrum.</p> <p>All workshops take place at Drumbeat Brockley, Revelon Road SE4 2PR and run from 10am to 12pm (unless otherwise stated) on the following Tuesdays:</p> <ul style="list-style-type: none"> <li>● 29th October: Supporting Socialising</li> <li>● 19th November: It’s Different for Girls</li> <li>● 10th December: Supporting Emotional Regulation</li> <li>● 10th December: Supporting Emotional Regulation 6-8pm</li> </ul> <p>Although all places are free, booking is essential, so please contact Drumbeat Outreach Admin on 020 7635 9022 or <a href="mailto:outreach.admin@drumbeat.lewisham.sch.uk">outreach.admin@drumbeat.lewisham.sch.uk</a></p> <p>For more details, go to: <a href="http://www.drumbeatasd.org/page/?title=Outreach+Parent+Workshops&amp;pid=199">www.drumbeatasd.org/page/?title=Outreach+Parent+Workshops&amp;pid=199</a></p>

<p>To book: <a href="http://www.eventbrite.co.uk/e/b-transition-to-adult-life-1-the-care-act-rights-to-social-caresupport-tickets-41852260237">www.eventbrite.co.uk/e/b-transition-to-adult-life-1-the-care-act-rights-to-social-caresupport-tickets-41852260237</a></p>	
<p><b>NAS Greenwich: groups for adults on the autism spectrum Autism Hub for Adults (18+)</b></p> <p><a href="https://nasgreenwich.org.uk/autism-hub-adults/">https://nasgreenwich.org.uk/autism-hub-adults/</a></p> <p>This group meets on the third Friday of each month, from 2pm to 4.30pm at:</p> <p>The Stables, Greenwich Carers Centre, 76 Hornfair Rd, Charlton SE7 7BD.</p> <p>They offer a space in a relaxed and creative environment with a regular set of activities like Lego, board games, arts and crafts and access to info resources with laptops, iPads and books.</p> <p>Refreshments are served.</p> <p>Pub Group for Adults and Young People (18+)</p> <p><a href="https://nasgreenwich.org.uk/nas-greenwich-pub-group/">https://nasgreenwich.org.uk/nas-greenwich-pub-group/</a></p> <p>This social group for adults and young people (age 18+) on the autism spectrum meets on the first Wednesday of every month at:</p> <p>The Pelton Arms pub, Pelton Rd, Greenwich SE10 9PQ, from 7.30pm to 10pm.</p> <p>Please contact NAS Greenwich if you would like to know more, visit the website addresses above or email <a href="mailto:greenwich@nas.org.uk">greenwich@nas.org.uk</a></p>	<p><b>Lewisham Family Information Service</b></p> <p>Need help finding childcare or services to support your family? Lewisham Council’s Family Information Service (FIS) offers free and impartial advice to parents and carers. From Childcare to accessing free early education entitlement.</p> <p>FIS can help you find services for families with children and young people aged 0 – 19 years (up to 25 years for Special Educational Needs and Disabilities).</p> <p>How can we help you? We can put you in touch with services for:</p> <ul style="list-style-type: none"> <li>• Childcare and Free Early Education</li> <li>• Children &amp; Family Centres</li> <li>• Special Educational Needs and Disabilities (SEND)</li> <li>• Health</li> <li>• Schools and Learning</li> <li>• Support for Parents &amp; Carers</li> <li>• Young people activities and Clubs.</li> </ul> <p>To Contact FIS you can: Email: <a href="mailto:fis@lewisham.gov.uk">fis@lewisham.gov.uk</a> Telephone: 0208 314 3940 (Monday to Friday 10:00am – 4:00pm)</p> <p>Write to: Lewisham Family Information Service, Early Years, Quality and Sufficiency, 2 nd Floor, East End, Zone C, Laurence House, Catford SE6 4RU.</p>
<p><b>London Transport Museum Early and Evening Explorers</b></p> <p><a href="http://www.ltmuseum.co.uk/learning/families/sen">www.ltmuseum.co.uk/learning/families/sen</a></p>	<p><b>Science Museum SEN Events Early Birds</b></p>

<p>Explore the All Aboard family spaces in peace, have a go at the holiday activities, get hands-on with genuine parts of transport history, or make use of the sensory bags to support exploring the collection.</p> <p>Early Explorers (8.30am to 10am):</p> <p>Saturdays 26th October and 14th December</p> <p>Under-18s are free; adults pay standard price (£16.60 online or £18 on the door). Booking is essential as places are limited.</p>	<p>Occasional Saturday mornings from 8am to 11am, exclusively for families with SEN children aged up to 15.</p> <p>Remaining 2019 dates are:</p> <p>5th October and 14th December.</p> <p>There is also a special evening session 6.30pm to 9.30pm on 23rd November.</p> <p>Although places are FREE, they are strictly limited and booking is ESSENTIAL.</p> <p>Booking for each session opens at 10am, a month beforehand. To book, call 020 7942 4777. To go on the mailing list for reminders, email <a href="mailto:familyprogrammes@sciencemuseum.ac.uk">familyprogrammes@sciencemuseum.ac.uk</a></p> <p>For full details of the Science Museum Early Bird programme, go to: <a href="http://www.sciencemuseum.org.uk/see-and-do/early-birds">www.sciencemuseum.org.uk/see-and-do/early-birds</a></p>

# LEWISHAM SEND LOCAL OFFER

SEND Local Offer provides information about services for children and young people with Special Educational Needs & Disabilities.

# LEWISHAM PARENT AND CARER'S FORUM

Lewisham Parents and Carer's Forum (LPCF) is a voluntary group of parents and carers of children and young people (0-25) with special/additional needs and disabilities (SEND) living in the London Borough of Lewisham.

## PLEASE FOLLOW THE LINK FOR BOTH WEBSITES

<https://www.sendlocaloffer.org/lewisham/>

Lewisham Parent and Carer's Forum has a new website – [www.lewishamparentcarer.org.uk](http://www.lewishamparentcarer.org.uk) – or as above, a new Facebook page @LewishamPCF and a twitter account @LewishamPCF

### Dear Parents and Carers

If you have any queries or comments on any of the content of this newsletter please do contact us. Please note that Lewisham Parent and Carer's Forum only pass on information about services and activities and we do not necessarily recommend or endorse any particular organisation or any one person, product, service or event.

## WHERE TO FIND US



### Based in the same building as CAB

**Main Hall, Leamore Centre, Bonfield Road, Lewisham, London SE13 5EU** – through green gates at side of building in Bonfield Road – LPCF - 07534 568020